



# FLC DRESS CODE POLICY

When in the FLC, we ask that you dress modestly. These policies are to ensure a comfortable and professional environment for everyone.

## Shirts

- Must be worn at all times
- Must cover the mid-section (no exposed abs)
- Shirts advertising tobacco, alcohol, or indecent behavior are not allowed.
- Spaghetti straps or tanks that expose the ribs are not allowed.

## Shorts

- Must be at least mid-thigh, and cover under garments completely.
- Short shorts / running shorts with side splits are not appropriate.
- Bike shorts or tights should be covered with a t-shirt or shorts.

## Shoes

- Must be worn at all times (exception: when involved in a program that requires bare feet).



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